



**Angalo Jestha Jeevan Bahumulya Pratisthan (AJJBP)** was established in 2074 (June 2017). '**Angalo**' which means a warm hug in Nepali, is a concept and commitment to embrace all Senior Citizens for a meaningful existence by sharing their knowledge and life experiences and learning from the younger generation to live a meaningful life as "Senior Lives Matter".

**Angalo** is a Non-profit Company registered under Company Act 2063. It carries the legacy of "Service Fund for Elderly Citizens" of Shanti Ashram and advocates for the rights and care of Senior Citizens. The Organisation is an evidenced based public policy advocacy group of Senior Citizens involved in research, training and knowledge. Angalo aims to advocate and lobby to reform, amend and implement policies and laws related to the care and rights of Senior Citizens.

**Goal:** To consolidate a strong, evidence base, that supports and empowers the development of a sustained and coordinated voice for Senior Citizens to live a full and meaningful life.

**Vision:** The pursuit of equality, equity and human rights, underpinned by our vision of a Nepal that has re-imagined ageing; where seniors and citizens of all ages are partners, both active in promoting quality ageing, life-long learning, health, happiness and well-being.

**Mission:** To innovate, advocate and support improvement of rights, benefits and services that meet the changing needs of Senior Citizens. This includes a concerted effort to influence multi-sector-level policy perspectives and responses to ageing; such as social protection and social security for the elderly thus helping transform the culture of care within families and care homes in an accountable and transparent way.

#### CORE VALUES:

**The core of Angalo's work is driven by a Team that is professional, dedicated and lives through the values of:**

**Respect:** Recognising that *Senior Lives Matter* to themselves, to us, to our culture and tradition of being a Nepali family, community and society.

**Dignity:** Truly believing that Seniors are worthy of our love and embrace, and that they are supported in remaining the thinkers and doers who are economically independent while co-existing socially.

**Compassion:** Demonstrating that the more we give, the more we get, having empathy and commitment to all seniors in their quest for quality assurance and a good life.

**Inclusion:** Embracing diversity with who we work with and always using the lens of equality and equity in who we serve.

**Innovation:** Using imagination and creativity to help design and support the delivery of available, accessible and affordable services.

**Stewardship:** Maximising efficient and ethical use of funds and within the time frame entrusted.

**Volunteerism:** Engaging volunteers in a vital and meaningful way, one that provides a natural sense of different accomplishment, pride and identity.

## OBJECTIVES

- ~ Value Senior Citizens' wealth of life experience and expertise.
- ~ Connect Senior Citizens within communities to avoid isolation.
- ~ Provide relevant information to improve their overall quality of life.
- ~ Advocate for quality community services and care standards for them.
- ~ Advocate/Lobby for laws and policies related to rights of Senior Citizens
- ~ Mobilise and disburse funds for Senior Citizens related activities.

## KEY ACTIVITIES

**Year 2017**

Distributed Relief Support to Flood Victims (mainly Senior Citizens) of Rautahat District in coordination and collaboration with Kumudini, Asha Nepal and the Health Foundation Nepal

**Year 2018**

Conducted research on the status of Senior Citizens living in Private and Government run homes of 5 Districts of Bagmati province

**Year 2019**

Supported Tornado Victims of Bara and Parsa District in coordination with Women Human Rights and Sankalpa

**Year 2020**

Provided Food to about 500 people, mainly Senior Citizens during COVID Lockdown in collaboration with Hamro Sano Prayas

Provided Ration/Supplies for 2 weeks to an Elderly Women's Home in Bhanimandal

**Year 2021**

Conducted a One-Day Strategic Planning Workshop

Board Members participated in a 2-Days "Conference on Geriatrics 2021" organised and conducted online by the Ministry of Health & Population and WHO.

**Year 2022**

Participated as Election Observers in the Local Level Elections 2079 in 3 Districts of the Valley (Kathmandu, Lalitpur & Bhaktapur) through Senior Citizens' perspective



Mandev Marg-5, Tangal, Kathmandu

Email: [angalo.np@gmail.com](mailto:angalo.np@gmail.com) Web: [www.angalo.org](http://www.angalo.org)

Facebook: [angalojsthajeevan](https://www.facebook.com/angalojsthajeevan) Instagram: [angalojsthajeevan](https://www.instagram.com/angalojsthajeevan)